

# CORPORATE TRAVEL UPDATES

NOVEMBER 2020



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# BIZ TRAVEL BEAT



## Duty of Care made simple with Riya Business Travel Risk Management

In today's global travel environment, we know it's important for large companies to comply with duty of care responsibilities and provide liability protection for travellers, particularly when business travel takes your employees to far away destinations. We are offering 3 tools to help make it easier.

### Riya e-Travel Advisories

With each itinerary we provide e-travel advisories prior to travel, including information on 30 categories your travellers need to know before they travel, customised based on specific travel dates and destination. These categories include

1. Entry requirements - Visa/Passport
2. Travel Alerts identifying potential warnings including political protests, natural disasters strikes, etc.
3. Health & medical requirements such as vaccinations, foods to avoid, etc.
4. Embassy/local consulate contact information
5. Local laws, customs and restrictions
6. Currency, electricity, driving regulations
7. Public holidays, business and banking hours

### Riya e-Travel Alerts

Late breaking events are automatically emailed to travellers the moment an occurrence takes place specific to their travel destination. **You can choose up to 5 email addresses to which this alert can also be sent.**

### Riya e-Travel Tracker

Riya e-Travel tracker has been designed for corporation's compliance with duty of care responsibility and liability protection. This dashboard provides your office with the ability to easily locate and contact travellers affected by an emergency event along with their contact information.

# BIZ TRAVEL BEAT



## Business travel to recover faster as economy fires up

*In today's global travel environment, we know it's important for large companies to comply with duty of care responsibilities and provide liability protection for travellers, particularly when business travel takes your employees to far away destinations. We are offering 3 tools to help make it easier.*

It is already becoming clear that travel segments and behaviour are changing as a result of coronavirus and hotels should plan now for a change in the guest profile and where their guests are coming from.

Many industry leaders are betting on the leisure segment and believe that leisure will lead the way to recovery. While there has been a surge in travel to leisure destinations and hotels located in these destinations have done well in the last few weeks, Rajneesh Malhotra, VP - Operations and Asset Management, Chalet Hotels feels that the momentum is not sustainable.

According to him, people have spent the last few months indoors (lockdowns, WFH) with limited outings and social interactions and were waiting for a chance to get away and take a break which has given rise to a trend of travelling to convenient drivable destinations nearby.

"Most would travel for a weekend or two and then eventually will have to get fully focused on their work. Almost every business has been hit badly by the pandemic, several people have lost their jobs, many have had deep pay-cuts and many businesses have shut shops; under these circumstances it's difficult to imagine that people will want to or can even afford to take frequent vacations," he said.

After lockdown and a prolonged slowdown, the "Businesses are itching to get back to business" and as travel and other restrictions ease out, everyone will endeavour to restart business and claw back revenues.

The opening-up and ramping-up of businesses will be a demand driver for hotels and the business segment will propel the recovery. "With all our hotels positioned as leading luxury/upper-upscale business hotels in their respective markets, Chalet Hotels is well poised to benefit from the first wave of recovery as it happens," he further added.

There are many other hoteliers who believe business travel is likely to recover faster than leisure travel as companies who need frequent employee movement take up the option of low airfare to resume critical business that's been on pause for almost five months.

A major step towards recovery in this segment is likely to come when larger corporations relax business travel restrictions, and other smaller companies follow suit. It is estimated that 5-10% of business travel may be eliminated permanently due to reduced travel budgets, business closure, unemployment, and the growth of online meetings.

# BIZ TRAVEL BEAT

## 7 Tips to Improve Your Sleep While on Business Travel

Traveling for work is not just bad for your sleep, but it's bad for the bottom line. The good news is there are ways to improve your rest while traveling for business that are easy to implement into your schedule before and during your trip. Here are 6 tips to avoid those sleep-deprived nights.

### ● The two-day rule

When you are on a short turnaround and you expect to be away from home for less than two days, you probably should stick to your normal home routine and schedule. Overall, it takes your body about two days to adjust to a change in schedule. If your trip is less than two days, your body will not have time to adjust fully and you could make your situation worse by having to acclimate your system back to your home schedule.

### ● Bring the right sleep necessities

While packing for your trip, make a list of everything you will need and cross off items once you've packed them. Making sure you pack your necessities also helps you to avoid the stress of having to run out to the store for an item you didn't bring. That stress is sometimes what can lead to poor sleep, and this is an easy way to keep your mind at ease. If you have good sleep habits at home like using a night mask and/or white noise or wave-sound machine, make sure to pack those items too. Treat sleep on the road the same way you would at home.

### ● Create positive sleep routines and ditch the screens

Many busy executives make a habit of working on the laptop right up until the lights go out. Setting the laptop aside an hour before you sleep can help cure hotel insomnia. But don't just set the computer aside and turn on the television. Blue light from TV screens has the same effect. Take a few minutes before bedtime to read a real book or magazine, write in your journal, take a relaxing bath an hour before going to sleep or just sit and look out the window at the world.

### ● Sleep strategically

Making sure you get a full eight or more hours of sleep the day before traveling is crucial for starting off your journey the right way. If you find yourself full of energy and experiencing trouble falling asleep on your trip, don't forget your melatonin or magnesium, both of which can be used to aid in sleep without the groggy side effects of a non-natural sleep pill.

### ● Lay low on the caffeine

Coffee and caffeine beverages can be lifesavers for those midday slumps, but when you're on your business trip, it's a great idea to tone down the caffeine intake. Try limiting yourself to one or two cups a day, and avoid drinking caffeine later into the day. It's best to end your intake around three in the afternoon to get that good night sleep.

### ● Hit the gym

Exercise has great effects on your body, including improving your quality of sleep, which will come in handy during your time away. While on your trip, try finding the fitness area in your hotel or going out for a run. Trust me, you'll feel it later when your head hits that pillow.

### ● Understand your sleep chronotype

Time to bust a long-held myth: Waking up early does not make you a better business person or human. When you model your sleep patterns (even when traveling) to that of your body's natural circadian rhythm, you'll sleep better.

## Travel Humour



# TRAVEL BUBBLE UPDATES

Take note of travel protocols and quarantine rules at destinations that are part of India's travel bubble.



## UK

- RT-PCR test recommended
- BA Declaration form no later than 72 hours before travel
- 14 days self-isolation



## USA

- RT-PCR test recommended
- 14 days self-isolation



## Germany

- Comply by health and sanitization measures
- Use of non-medical mask or face covering
- RT-PCR Test recommended
- 14 Days of Self-Isolation



## Canada

- Download ArriveCAN mobile app
- Use a non-medical mask or face covering
- Undergo a Health Check Questionnaire (false declaration could result in a fine of CAD5000)
- RT-PCR Test recommended
- 14 Days of self-isolation



## UAE

- All passengers travelling to UAE must carry their Covid-19 negative report from an ICMR-approved laboratory issued no more than 96 hours before departure.
- All passengers are required to fill the Health Declaration Form and complete the quarantine undertaking form.
- All customers must undergo a PCR test upon arrival into UAE as well.
- Dubai App -COVID-19 Dubai Smart App Android & iOS versions of the App. Sharjah and Abu Dhabi to download-ALHOSN APP
- Dubai -No Quarantine
- Sharjah & Abu Dhabi -14 days of home quarantine



## France

- On Arrival -Biological examination of virological screening <72 hrs prior to dep
- Use of non-medical mask or face covering
- RT-PCR Test recommended
- 14 Days of Self Isolation



## Qatar

- Comply by health and sanitization measures
- Use of non-medical mask or face covering
- All travelers must download and register on the EHTERAZ app.
- RT-PCR Test recommended
- 14 days of Self Isolation

Stay upto date with the International travel policies and additions in Indian Travel Bubble through our official page: [www.riya.travel/travel-updates](http://www.riya.travel/travel-updates)





At Riya Business Travel, expect professionalism and transparency. Over the years, we have built strong ties with airlines, airports, hotels, and ground transportation companies worldwide. When you choose us as your travel partner, reap the advantages of our global network across the travel industry. Choose from a plethora of products and services to meet all your travel needs at any domestic or international destinations.



### Mission

Generate the 'perfect trip experience' for the traveler and exceed the company's travel program goals through service excellence and value based solutions.



### Vision

Be a sustainable global partner of choice by continually evolving with the changing dynamics of customer centricity.



Air



Accommodation



MICE



Land Travel



Insurance



Visa



Forex



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